

Spa Bliss for Two

What sounds dreamier than getting a muscle-melting massage next to your special someone, surrounded by ocean breezes and breaking waves? Today, most resort and hotel spas offer a range of couples therapies, from soothing soaks and rubdowns to exotic rituals created specifically for romantic pairs. We combed spa menus worldwide to find the sexiest tandem treatments. These 12 favorites are guaranteed to boost bridal bliss. By Isabelle Gullö



Pleasure Principle

On Florida's island of Key West, ultra chic Ocean Key Resort & Spa pampers couples regally with the **Javene Lulur Royal Spa Treatment**. The exotic experience begins with a luxurious Balinese massage using essential oils, followed by a cooling splash of yogurt and an aromatic shower. Bridal pairs continue the rejuvenating journey by stepping into a traditional teak soaking tub prepared with rose petals and infused with tropical fragrances.

Sweet Surrender

Sensual and relaxing, **Tropical Escape** at Fern Tree, The Spa at Half Moon in Jamaica takes place in the privacy of a luxurious spa suite, spoiling honeymooners with chilled champagne, fresh tropical fruit, luxurious Jacuzzi soaks and side-by-side massage.

Lessons in Love

Couples escaping to St. Lucia and Sandals Grande St. Lucian Beach Resort & Spa learn basic massage

techniques during the hour-long **In Each Other's Hands**. Spa pros share their pampering secrets and send lovebirds back to their suite to practice on each other, massage oil in hand.

Grape Expectations

In a stunning Northern California wine-country setting, **Couples Wine and Roses** at Fairmont Sonoma Mission Inn's Willow Stream Spa starts with a scented bath for two. Enveloped by rose petals, honeymooners soak up the heat while

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savoring sparkling wine, calming mind and body before a tandem massage using products infused with antioxidant-rich rose and grape-seed oil.

Sensual Healing

Inspired by an ancient Mayan ritual, the **Sacred Hot Stone Massage** at Moon Palace Spa & Golf Resort in Cancun helps couple alleviate tension and fatigue, before or after the big day. Therapists place steamy stones saturated in aromatherapy oils along the spine and on energy points, then



use them to massage muscles fusing acupressure, reflexology and Swedish techniques. Bridal pairs who sign up for Moon Palace's Private Pleasures package enjoy the hot stone rubdown along with a Hydrotherapy Ritual that includes a fragrant flower bath as well as Relaxation Tea Ceremony.

Big Apple Bliss

New York City's Le Parker Meridien just raised the bar for room service with its **Late Night Massage**. Any day of the week, spa therapists make house calls between 10 p.m. and 2:30 a.m., offering a choice of Swedish, deep tissue, sports and shiatsu massage in the privacy of the couple's own suite.

Seventh Heaven

Westin Maui Resort's Heavenly Spa in Hawaii indulges couples with the **Helani Couples Pedicure**. Set in a stylish, candlelit couples suite, the aromatherapy foot ritual is customized to each person's specific needs and includes a tropical herbal foot soak and mask, a moisturizing rub and an application of nail polish. For the ultimate spa experience, couples can start out with a massage for two in a secluded cabana, where the soothing sounds of a waterfall and babbling brook allow the journey to turn inward.

Private Retreat

At InterContinental Resort & Spa Moorea, Polynesian-style Hélène Spa features **Herenui** (which means "love"), specifically designed for brides and grooms. The perfect prelude to the wedding day, the romantic ritual treats couples to a traditional river bath in an outdoor tub, a gentle body scrub with fresh coconut pulp, and an invigorating rain shower for two. An hour-long

coconut-milk massage wraps up this heavenly escape, leaving the skin soft and muscles supple.

Sin City Serenity

Vegas-bound couples don't want to miss the two-hour **Dreaming Ritual** offered at MGM Grand's luxe spa. Inspired by Australian aboriginal healing rituals and designed to rejuvenate from head to toe, the journey starts out with a foot soak in aromatic herbs followed by a pressure-point foot massage and an aromatic foot mask. The pampering continues with a revitalizing body exfoliation, a body mask with pure Australian mud and a mud scalp treatment. After rinsing off in the suite's jetted shower, couples surrender to an Australian Aboriginal massage, choosing from a selection of Australian massage oils. Post-therapy, bridal pairs sip lemon myrtle tea in the suite's plush lounge.

Double Delight

The Unforgettable Massage for Two at Sheraton Keauhou Bay Resort & Spa on Hawaii's Big Island was created with intimacy in mind. Couples first soak in a private whirlpool bath set atop Kona Sea Cliff, taking in views of beautiful Keauhou Bay while indulging in champagne and chocolate-covered strawberries. The pièce de résistance: a 75-minute rubdown is performed lomilomi style—a South Seas specialty that involves long, rhythmic strokes to boost relaxation and circulation.

Secret Escape

During the **Romance in Paradise** spa package at Secrets Maroma Riviera Cancun, brides and grooms share European facials that cleanse, tone and moisturize the skin, plus a relaxing Swedish massage set in couple's spa suite or on the resort's sugar-white beach.

Twice as Nice

Designed just for newlyweds, **Honey Moon Walk**—one of many specialty spa programs offered at Excellence Punta Kana in the Dominican Republic—is the perfect remedy for post-nuptial stress. The extensive package begins with a revitalizing exfoliation and milk soak that leaves the skin silky smooth. An aromatherapy rubdown for two ensues, allowing couples to pick their favorite herbal massage oil. Next, honeymooners enjoy nourishing facials together before the final treat: spa pedicures side by side.